



Metabolic and Genetic Causes of Rhabdomyolysis

INTERNATIONAL TRAINING COURSE

IN-PERSON MEETING

> **19-21 NOVEMBER 2026**
PARIS, FRANCE

You treat the episode. But do you understand the cause?

Complex syndrome. **Unresolved diagnostics.** Emerging genetic answers.

DESIGNED for:
Multidisciplinary
clinicians and scientists
across neuromuscular,
metabolic, genetic and
acute care disciplines

- > Identifying triggers and high-risk presentations
- > Recognising "RHABDO features" suggestive of genetic causes
- > Applying structured diagnostic pathways and investigations
- > Managing acute care, prevention, and safe return to activity

Scientific Organising Committee:

Prof. **PASCAL LAFORÊT**
Hôpital Raymond Poincaré, Garches

Prof. **JOHN VISSING**
University of Copenhagen

Prof. **MANUEL SCHIFF**
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Radboud University Medical Centre, Nijmegen

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ADVANCING KNOWLEDGE IN RARE DISEASES: independent, professional education and training

WHY

This course matters?

- > Fills a critical gap where no standardised diagnostic pathway exists
- > Supports earlier, more accurate diagnosis across specialties
- > Integrates genetics into everyday clinical decision-making
- > Improves patient outcomes through better management and prevention

OUTCOMES

- > Leave with the confidence to [assess and manage rhabdomyolysis beyond the acute episode](#), recognising key triggers and identifying features suggestive of an [underlying genetic cause](#). Apply [structured diagnostic pathways](#) to prioritise biochemical testing, exercise studies, muscle biopsy, and genetic analysis, and translate findings into [practical decisions](#) on management, prevention of recurrence, and safe return to physical activity. Navigate [clinical uncertainty](#) with a [clearer framework](#) for selecting patients for further investigation and integrating [metabolic and genetic insights into everyday practice](#).

An Interactive, 2,5-Day Course



Small group
LEARNING



Case-based
DISCUSSION



International
FACULTY



Cross-country
PERSPECTIVES



Practical
DECISION MAKING



Access to
EXPERTS



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www.rrd-foundation.org